

# Nova Scotia Combat Sports Authority

## INITIAL AND ANNUAL MEDICAL EXAMINATION

741 Bedford Highway  
Halifax, NS, B3M 2M1  
Phone: 902-457-0413  
Phone: 902-869-3696

Please circle one:  
MMA      BOXER

### APPLICANT

Name in Full	Age	Date of Birth (dd/mm/yy)
Address	City, Province	Postal Code      Phone Number
Please indicated whether this medical is a: <b>First time applicant</b> _____ or <b>License Renewal</b> _____		

**Please provide a brief medical history of the applicant or an updated history including headaches, vision changes/fatigue, nausea, dizziness, head injuries or concussions:**

### The following tests and surveys shall be conducted upon all applicants:

<b>HEARING:</b>	Any impairment	YES _____	NO _____
if 'yes' please describe:			
<i>(With history of otorrhea, describe auditory canals and drains)</i> _____			
<b>VISION</b>	Uncorrected vision    R _____ L _____	Pupils Equal?	YES _____ NO _____
	Corrected vision      R _____ L _____	React to light and accommodation	YES _____ NO _____
		Fundiscopic examination normal?	YES _____ NO _____
<b>MOUTH</b>	Any disease of the mouth or throat?		YES _____ NO _____
<b>GLANDS</b>	Any enlargement of the thyroid or lymphatic glands?		YES _____ NO _____
<b>RESPIRATORY</b>	Any evidence of acute or respiratory disease(s)		YES _____ NO _____
<b>BLOOD PRESSURE</b>	Initial	Additional	
	Systolic    _____ / _____	_____ / _____	
	Diastolic    _____ / _____	_____ / _____	<i>(at disappearance of sound)</i>
<b>HEART</b>	Heart rate, counted at the apex for one minute _____		
	<i>(if over 90, re-check and record temperature)</i> _____		
	Any disturbance of cardiac rythym?		YES _____ NO _____
	Any indication of the disease of the heart or blood vessels?		YES _____ NO _____
<b>ABDOMEN</b>	Does examination reveal and abnormality?		YES _____ NO _____
if 'yes' please describe:			
<b>HERNIA</b>	Does examination reveal and evidence?		YES _____ NO _____
if 'yes' please describe:			
<b>KNEES</b>	Are knee jerks present and equal?		YES _____ NO _____
<b>NERVES</b>	Any evidence of disease of the nervous system?		YES _____ NO _____
<b>URINE</b>	Specify gravity _____ Albumin _____ Sugar _____		
<b>BLOOD</b>	<b>Blood Count</b>	CBC _____ Differential _____	<i>(attach copy of report)</i>
	<b>Coagulation Time</b>	INR - Differential _____ PTT _____	<i>(attach copy of report)</i>
	<b>Fasting Glucose</b>	_____ Hemoglobin A1C _____	<i>(attach copy of report)</i>

**Hepatitis B Screening:** Surface Antigen, Core Antibody&SurfaceAntibody (attach copy of report)  
**Hepatitis C Screening:** (Attach copies of report)  
**HIV Screening** (Attach copies of report)  
**Serological** (Attach copies of report)  
Is there any evidence of syphilis YES \_\_\_\_\_ NO \_\_\_\_\_  
If 'yes' please describe condition:

**PLEASE NOTE THE SPECIFICATION OF THE FOLLOWING REQUIRMENTS:**

**SPECIFICATION:** The following is required for a first-time applicant only until the applicant reaches the age of 29. Applicants between the age of 30 and 39 require the EKG bi-annually and applicants 40+ years of age require an annual EKG.

**EKG** Normal \_\_\_\_\_ Abnormal \_\_\_\_\_ (attach a copy of report)

**SPECIFICATION:** The following is required for a first-time applicant ONLY unless Medical Advisor requests otherwise

**CHEST X-RAY** Normal \_\_\_\_\_ Abnormal \_\_\_\_\_ (attach a copy of report)

**SPECIFICATION:** The following is required for a first-time applicant, then bi-annually unless Medical Advisor requests otherwise

**Exam by Optometrist or Ophthalmologist (attach a copy of report)**

**GENERAL (To be completed for all applicants)**

Is there any condition or disorder evident, not covered by the above information that requires additional examination or that would deprive the applicant from boxing? YES \_\_\_\_\_ NO \_\_\_\_\_  
If 'yes' please identify and describe:

**FITNESS**

Applicants is considered: FIT \_\_\_\_\_ NOT FIT \_\_\_\_\_ to take part in combat sport matches.

Note: Please ensure all medical reports are attached or are sent to the Nova Scotia Combat Sports Authority at the address on Page 1 or fax to 902-869-3707.

Signature of Medical Examiner : \_\_\_\_\_ Date: \_\_\_\_\_  
Medical Examiners Office Stamp: