

**Regulations Respecting Boxing  
made pursuant to Sections 10 and 15  
of Chapter 43 of the Revised Statutes of Nova Scotia, 1989  
*The Boxing Authority Act***

## Table of Contents

Rule 1 –Interpretation .....	1
Rule 2 -Officers and Procedures .....	1
Rule 3 -Licensing .....	2
Rule 4 -Fines, Penalties and Restrictions.....	4
Rule 5 -Combatants under 19 years of age .....	5
Rule 6 -Appeals.....	5
Rule 7 -Annual Medical Examinations .....	5
Rule 8 -Duties and Responsibilities of Promoters .....	7
Rule 9 -Deposits and disbursements .....	9
Rule 10 -Contracts .....	11
Rule 11 -Premises, Facilities and Equipment .....	12
Rule 12 -Conduct of Combat Sports Events .....	14
Rule 13- Weigh-in Ceremonies and Prefight Medicals .....	14
Rule 14- Combatants in dressing room.....	16
Rule 15- Notice of change of program .....	16
Rule 16 -Employees not permitted to coach .....	16
Rule 17 -Rounds and duration of Combat Sports Events .....	17
Rule 18- Gloves .....	17
Rule 19 – Bandages .....	18
Rule 20 -Ring.....	19
Rule 21 - Officials.....	19
Rule 22- Medical Personnel.....	20
Rule 23 -Inspection of gloves .....	21
Rule 24 -Chief Second .....	21
Rule 25 -Shaking of Hands .....	21
Rule 26 - No other person in ring .....	21
Rule 27 -Discipline .....	22
Rule 28 -Referee not to touch combatants.....	22
Rule 29 -Referee may consult judges .....	22
Rule 30 -Referee to decide.....	22
Rule 31 -Mouth protector.....	22

Rule 32- Judges.....	23
Rule 33 –Scoring “The 10 Point Must System” .....	23
Rule 34 -Knockdown and Knockout.....	24
Rule 35 -Combatants.....	25
Rule 36 -Rest periods.....	26
Rule 37 -Costume .....	26
Rule 38 - Petroleum jelly (see MMA rules for MMA participants) .....	26
Rule 39 -Combatant reported Ill .....	27
Rule 40 -Arrival of combatants in city or town.....	27
Rule 41 -Amateur boxers on professional boxing cards.....	27
Rule 42 -Return after voluntary retirement.....	28
Rule 43 –Fouls for Boxing <i>*See MMA Rules and Regulations for Fouls for MMA</i> .....	28
Rule 44 -Boxing Match Decisions Resulting from Injuries.....	29
Rule 45 –Medical Suspensions .....	30
Rule 46 -Surrender of License .....	31
Rule 47 -Seconds .....	31
Rule 48 -Materials allowed.....	33
Rule 49 -Medical Procedures.....	33
Rule 50 -Examinations.....	33
Rule 51 -Drugs.....	35
Rule 52 -Master of Ceremonies .....	35

**Schedule “A”** Nova Scotia Boxing Authority Manager-Combatant Contract

**Schedule “B”** Nova Scotia Boxing Authority –Promoter Contestant Contract

**Regulations Respecting Boxing  
made pursuant to Sections 10 and 15  
of Chapter 43 of the Revised Statutes of Nova Scotia, 1989  
The *Boxing Authority Act***

**Citation**

These regulations may be cited as the *Boxing Authority Regulations*.

**Rule 1 – Interpretation**

**Section 1** In these regulations:

- (a) “*Act*” means the *Boxing Authority Act*.
- (b) “Boxing match” means a contest or exhibition.
- (c) “License” means any license issued by the Authority.
- (d) “Medical Advisor” means a duly qualified physician appointed by the Authority to advise the Authority on medical matters.
- (e) “Ringside doctor” means a duly qualified physician approved by the Authority to attend boxing matches and be present at ringside.

**Section 2** In these regulations, “combat sport” means a sport involving full body contact between contestants in which a contestant uses a fist, whether open or closed, or a weapon held in a fist, and includes but is not limited to the following martial arts:

- (a) kickboxing
- (b) shoot fighting
- (c) karate
- (d) tae kwon do
- (e) jujitsu

**Section 3** For the purposes of *Rule 1, Section 2 of the Act*, a combat sport is boxing.

**Rule 2 – Officers and Procedures**

**Section 1** The Chairman of the Authority shall preside at all meetings of the Authority.

**Section 2** A Vice-chairman shall be elected by the members of the Authority to hold office for 1 year.

**Section 3** The Vice-chairman shall assume all the powers of the Chairman, should the Chairman be absent or unable to fulfill the office.

**Section 4** The Secretary-Treasurer

(a) shall be responsible for recording minutes of all meetings of the Authority;  
and

(b) shall, with the Chairman, or failing of the Chairman, the Vice-chairman, be responsible for the fiscal matters of the Authority.

**Section 5** The Authority shall meet at the call of the Chairman, or of a majority of the members of the Authority.

- Section 6** The annual meeting shall be held each year in the month of June or as designated by the Chairman.
- Section 7** A majority of the members of the Authority shall constitute a quorum.
- Section 8** Any member of the Authority may act in the interests of the Authority if authorized by the Chairman, and shall file a report of any activities with the Secretary-treasurer and the Chairman.
- Section 9** All motions may be passed at meetings of the Authority by a simple majority.
- Section 10** All applications, records, and other papers and documents filed with the Authority shall become the property of the Authority.

### **Rule 3 -Licensing**

*\* No person applying for a Combat Sports License or a Licensee will approach a medical advisor of the NSBA without the written consent of the NSBA. Doing so will result in the loss of a Combat Sports License or the opportunity to receive one.*

#### **Section 1 Application for license**

- (a) An application for a license shall be on the standard form supplied by the Authority.
- (b) An application for a license shall be filed with the Authority.
- (c) A person applying for a license shall supply a list of their principal, affiliation or association upon the request of the Authority.

#### **Section 2 Registered address**

- (a) The registered address of any licensee shall be as specified on the license application, and in the event of an address change, notification must be promptly filed with the Authority as a “change of address rider” to the application.
- (b) All Authority bulletins and notices to any licensee shall be sent to the licensee at the registered address.

#### **Section 3 Combatants license**

An application for a contestants license shall be accompanied by the licensing fee:

- (a) A certificate signed by the Medical Advisor or a medical doctor stating that the combatant has been examined by the Medical Advisor or doctor within the current license year as required by *Rule 7, Sections 1 & 2(a-l)*, and that the combatant is of sound physical and mental health; and
- (b) A signed certificate of waiver stating that the combatant will submit to a post-fight urinalysis if the Authority so orders.
- (c) A new combatant applying for a license for the first time in Nova Scotia or a fighter coming out of retirement must be assessed by the Chairman or the

Director of Combat Sports as to his ability to participate in a match before a license will be granted.

- (d) A combatant may use and be licensed under an assumed name, if the use of the assumed name is approved by the Authority.
- (e) No person shall be licensed as a combatant under the same name or a name deceptively similar to the name of any other fighter or athlete.
- (f) A combatant from outside Nova Scotia, when submitting an application for a license, shall submit to the Authority the following:
  - 1) proof of license from a recognized licensing agency in the combatants jurisdiction;
  - 2) results of HIV testing and Hepatitis B & C antigen testing within 6 months of an event; and
  - 3) the license fee prescribed in *Rule 3, Section 4 (g)*.
- (g) A participant who does not have a license can receive a temporary license from the Nova Scotia Boxing Authority by completing an out-of-province medical form and submitting the form with the required medical tests requested. The required must be approved by the Authority's medical advisor and will be kept on file for one (1) year.

#### **Section 4 Promoter's license**

- (a) The Authority may grant or refuse to grant a promoter's license to any applicant.
- (b) The Authority may cancel or suspend a promoter's license if:
  - 1) the licensee or a person who is a partner, agent, employee, stockholder or an associate of the licensee is consorting with, or has consorted with book-makers, gamblers, or persons of similar pursuits;
  - 2) the licensee is guilty of or has attempted any fraud or misrepresentations in connection with any sports;
  - 3) the licensee has violated or attempted to violate any rule, regulation or order of the Authority; or
  - 4) the licensee is, in the opinion of the Authority, guilty of any act detrimental to the interests of combat sports or to the public interest.
- (c) If the Authority cancels or suspends a license under *Rule 3, Section 4(b)(1-4)*, it shall give the licensee the reasons for the cancellation or suspension in writing.
- (d) A license issued by the Authority shall be signed by the Secretary-Treasurer or Director of Combat Sports, and the Chairman or Vice-Chairman and stamped with the seal of the Authority.
- (e) A license is valid for one year from the date of issue.
- (f) The annual fees for licenses are as follows:
  - 1) Promoter      \$100.00

- 2) Combatant \$25.00
- 3) Manager \$25.00
- 4) Second \$25.00
- 5) Agent \$25.00
- 6) Matchmaker \$25.00

(g) For a fee of \$15.00, the Authority may issue a temporary license to a person participating in a combat sports event at a specified time and place if all requirements have been completed.

## **Rule 4 -Fines, Penalties and Restrictions**

### **Suspensions and fines**

**Section 1** A licensee who violates these regulations or who is found guilty of any act considered by the Authority in its sole discretion to be contrary to public interest or not conducive to the interests of legitimate combat sports or to the administration of good discipline shall be liable to:

- (a) revocation or suspension of their license; and
- (b) the payment of such fine as the Authority may determine in its sole discretion.

**Section 2** Where a fine has been imposed pursuant to *Section 1(b)*, the license may be suspended until the fine is paid.

**Section 3** A licensee whose license is suspended by the Authority for an indefinite period of time shall not be eligible for reinstatement of the license for at least 6 months after the date of the suspension.

### **Failure to Report Sham**

**Section 4** If a licensee is approached with a request or a suggestion that the licensee participate in, contribute to, or aid and abet a sham or collusive combat sports event that is not to be conducted honestly or fairly, the licensee shall immediately report the matter and the full circumstances to the Authority.

### **Conflict of Interest**

**Section 5** No official, member or employee of the Authority, nor any referee or judge licensed by the Authority, shall have any financial interest directly or indirectly in any combatant, promoting corporation, or manager's contract with any licensed combatant or any assignment thereof.

- (a) No official or member of the Authority shall have a personal financial interest, directly or indirectly, in any combat sport event.

- (b) No promoter or manager shall take part in any combat sports event in which the promoter or manager is involved in the capacity of promoter or manager respectively, other than in that capacity, without the written approval of the Authority.

## **Rule 5 -Combatants under 19 years of age**

### **Section 1**

- (a) No combatant under the age of 19 years shall participate in a combat sports event.
- (b) The Authority may, upon application by a combatant together with the written permission of the combatant's parent or guardian, waive the age requirement in *Section 1(a)*.
- (c) A decision of the Authority to waive the age requirement pursuant to *Section 1(b)* shall be based solely upon the combatants exceptional ability and performance.

## **Rule 6 -Appeals**

### **Section 1**

- (a) A licensee or other person disciplined by the Authority may appeal a decision of the Authority by presenting to the Authority in writing any additional evidence or testimony which the disciplined party feels may change the disposition of the case.
- (b) The evidence or testimony referred to in *Section 1(a)* shall be filed with the Authority within 20 days of the last notice of disciplinary action and shall be accompanied by a certified cheque in the amount of \$25.00.
- (c) The Authority, in its sole discretion, may grant or refuse to grant leave to appeal.
- (d) Any person who appeals a decision of the Authority and is not satisfied and further appeals and is refused may seek satisfaction under *Section 14 of the Act*.

### **Submitting false information**

- Section 2** A person who submits an application containing false or erroneous information to the Authority may be subject to revocation of any license issued on the basis of that application, a fine, or both, as may be determined by the Authority.

## **Rule 7 -Annual Medical Examinations**



## **Examinations**

**Section 1** Combatants shall have annual medical examinations by a Medical Advisor or a medical doctor.

### **Judges, Referees and Time Keepers:**

(a) Ring officials under 60 years of age shall have a medical bi-annually; unless they have medical problem which would require a medical annually.

(b) Ring officials over 60 years of age shall have a medical annually

**Section 2** A combatant applying for a license for the first time shall submit a medical examination by a Medical Advisor or a medical doctor who is to perform a complete medical history of the applicant and the laboratory procedures as the Medical Advisor requires:

(a) electrocardiogram;

(b) chest X-ray; and

(c) all of the procedures listed in *Section 3*.

**Section 3** In addition to the procedures required by *Section 2*, a female combatant must have a mammogram at initial licensing, and subsequently as considered necessary by a medical doctor.

Annual medical examinations for combatants shall include an updated medical history and the following laboratory procedures:

(a) P.T. (Partial Thromboplastin);

(b) P.T.T. (Partial Thromboplastin Time);

(c) complete blood count;

(d) complete urinalysis;

(e) serological examination for syphilis;

(f) ophthalmologist exam including a fundoscopic exam, every second year;

(g) HIV (Human Immunodeficiency Virus) test;

(h) Hepatitis B (surface antigen, surface antibody and core antigen) screening;

(i) Hepatitis C screening;

(j) CT (computerized axial tomography) scan – only when required by the Doctor; and

(k) other test or survey that might be indicated by the past or present condition of the applicant;

All Nova Scotia combatants 36 and over, seeking an annual license, must have their medical exam for licensing completed by the NSBA's medical advisor (all cost is the combatant's responsibility).

**Section 4** **Medical reports confidential**

All medical reports on file with the Authority relative to the physical examination or condition of combatants are confidential and are only open to examination by

the Authority or by the combatant upon written application to examine the combatant's records, or upon an order by a court.

## **Section 5      Dispute involving medical evidence**

If a dispute involving medical evidence arises within the jurisdiction of the Authority, a Medical Advisor shall be immediately consulted and if, in the opinion of the Medical Advisor, the dispute cannot be resolved by the Authority, a report shall be immediately filed by the Authority with the Chairman and the Secretary-treasurer of the Authority, and the Authority shall adjudicate the dispute.

## **Rule 8 -Duties and Responsibilities of Promoters**

### **Application for sanction to conduct a combat sports event (some variance may be granted by the Board)**

**Section 1**      An application for a sanction to conduct a combat sport event which will consist of no less than 24 rounds shall be presented by the Promoter to the Authority at least 30 days prior to the date of the proposed combat sport event and shall be accompanied by the following:

- (a) a deposit of \$1,500.00CDN (cash or certified cheque) - A refund of \$500.00CDN will be issued post event provided that all requirements as noted in the Promoters Guide, are completed;
- (b) contracts for the main event or two (2) completed matches on the undercard – These contracts must be signed by or for a participant with a valid participants license which does not expire prior to the event;
- (c) the province/state where the combatants are licensed;
- (d) the date and location of the proposed event; and
- (e) a confirmation letter stating the ambulance has been reserved for proposed event.
- (f) If an application for a sanction to conduct a combat sports event is approved by the Authority, the Authority may issue a Sanction Letter to the promoter. At the discretion of the Nova Scotia Boxing Authority, the authority can implement a 14 day buffer between combat sports events. This buffer is only permitted prior to the event.

When requesting sanctioning, the Promoter must note that the following is also required:

- (a) The Promoter must provide one (1) front row/ringside table, with a minimum of 8 seats for the exclusive use of the Authority, at no charge.
- (b) A video of the entire sanctioned event is to be provided to the Authority within 14 business days post-event.

**Section 2**      Advertising of the card can be done 30 days prior to the event if *Rule 8, Section 1(a-e)* are put into place and approved by the Authority. On all advertising relating to the fight card the clause “**Fight Card Subject to Change**” must be added..

**Section 3** Should there be any changes made to the main or semi-final event, disclosure to the Chairman or the Director of Combat Sports is to be made immediately. The Promoter is required to advise the public as soon as possible.

- (a) Disclosure to the public with any changes to the under card must be announced no later than the weigh-in time.
- (b) When there is a paid ad for a fight event, the ad should be altered to declare this change within 24 hours.

**Section 4 20 Day Meeting**

Not less than 20 days prior to the date of the proposed combat sports event the promoter shall submit the following to the Authority:

- (a) location where combatants are legally licensed;
- (b) contracts for all combatants holding a valid license which does not expire prior to the date of the event;
- (c) copy of HIV, HepB and HepC Antigen test results which must be taken within 6 months prior to the event; and
- (d) detailed reports from Fightfax/Sherdog of combatants record.

**Section 5 14 Day Meeting**

Not less than 14 days prior to the date of the proposed combat sports event the promoter shall submit to the Authority:

Cash or certified funds to cover the entire cost of:

- (a) total amount of all purses (a purse cannot be less than \$100.00 cash);
- (b) cost of all ring officials;
- (c) cost of Medical staff;
- (d) Authorities charges as indicated by the Authority; and
- (e) gloves for each combatant see *Rule 18, Sections 3-5*.
- (f) Promoter is **NOT** to add any matches or sideshow without the permission of the authority.

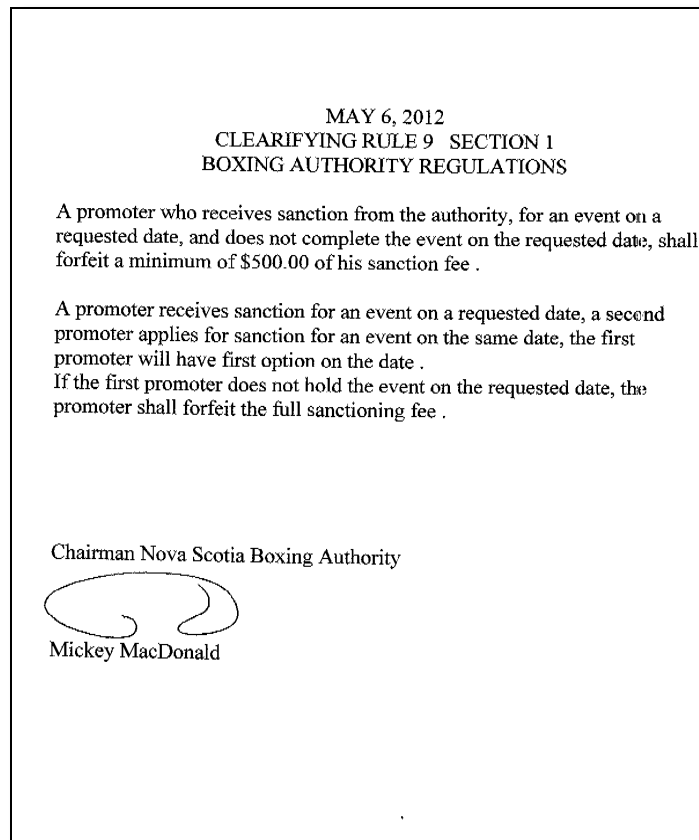
**Section 6 Gloves**

- (a) New gloves (thumb-less or tack down) for all rounds 10 or greater and all main events.
- (b) Clean, serviceable gloves, (thumb-less or tackdown) for the remainder of the matches.
- (c) MMA gloves cannot be less than 4 ounces.
- (d) It is the Promoters responsibility to retrieve all gloves post-event.

## Rule 9 -Deposits and disbursements

**Section 1** If the promoter fails to hold a combat sports event on the approved date, any deposit made pursuant to *Rule 8, Section 1(a)*, will be forfeited either in part or in total, as the Authority determines.

Figure 1



**Section 2** If a combat sports event is held on the sanctioned date, any deposit made pursuant to *Rule 8, Section 1(a) & Section 5(a, b, c, d)*, less all sums which the Promoter is indebted to the Authority for the said event, shall be returned to the Promoter as soon as possible after the Promoter has fulfilled all obligations of the event and the Authority.

**Section 3 Promoter responsible for expenses**

The Authority shall not assume any responsibility or liability for the collection or payment of accounts in connection with a combat sports event including but not limited to medical, travel, or accommodation expenses.

**Section 4** Promoters are responsible for the payment of all expenses connected with the combat sports event to be paid in the following order:

- (a) Federal, provincial, municipal taxes.
- (b) Payments to the Authority.
- (c) Payments to officials.
- (d) Payments to combatants.
- (e) Rent for the premises.

(f) Payments to other persons hired for the proper conduct of the combat sports event.

(g) All other expenses.

Combatants must receive a purse of a minimum of \$100.00 ( tickets not to be issued in lieu of cash payments).

**Section 5 Default in payment of debts**

A promoter who defaults in payment of a debt or obligation in connection with a combat sports event shall have their license suspended until full payment is made and all outstanding fines paid.

**Section 6 Director of bouts**

A promoter shall retain a person to act as a “director of bouts” for a combat sports event to ensure that the event runs smoothly with as few interruptions and delays as possible.

**Section 7 Standby bout**

A promoter may be required by the Authority to have one standby bout ready during a combat sports event.

**Section 8 Arrival of combatants**

The Promoter shall ensure the combatants scheduled for an event, arrive in the city or town where the event is to take place in accordance with the requirements of *Rule 40, Section 1(a, b, c, d)*.

**Section 9 Responsibilities**

- (a) A promoter is responsible for all the details necessary in keeping combat sports on a level that will give the sport a clean and healthy environment.
- (b) A promoter is responsible for the good order and the proper conduct of their combat sports event.
- (c) A promoter shall make arrangements to safeguard the premises where their combat sports event are conducted to ensure, to the Authority’s satisfaction, that adequate protection is taken against riot, stampede, or disorderly conduct.
- (d) The promoter is responsible for the retrieving of the gloves after each match.

**Section 10 Negotiations with a licensed manager**

A promoter or matchmaker who negotiates for a combat sports event with any person who is not the manager of record for the combatant involved but who is a licensed manager shall advise the Authority of:

- (a) the identity of the combatant;
- (b) the identity of the representative;
- (c) the compensation of the representative; and
- (d) by whom the compensation is to be paid.

**Section 11 Advertising**

- (a) Unless otherwise approved, no combat sports event shall be advertised until a Sanction Letter by the Authority as required by *Rule 8, Section 1(g)*.
- (b) For the purposes of this Section, “advertising” means the notification to the public that tickets are or will be for sale.
- (c) Press releases, news stories or other publicity on a proposed combat sports event shall be permitted prior to the issuing of a Sanction Letter, provided that the publicity clearly states that the proposed event has not been approved and that tickets are not yet for sale.

**Section 12 Charitable organization**

A promoter who wishes to conduct a combat sports event under the auspices of or in conjunction with a charitable organization shall submit the proposed agreement setting forth the terms and conditions of the event to the Authority for approval.

**Rule 10 -Contracts**

**Section 1 Standard forms**

Contracts between combatants and managers and between combatants and promoters shall be executed on forms supplied, on request, by the Authority to licensed combatants, licensed managers and licensed promoters and the forms shall be as set out in *Schedule “A”* and *Schedule “B”* as attached hereto.

**Section 2 Combatants failing to fulfill terms**

A combatant failing to fulfill the terms of a contract may be subject to the disciplinary action of the Authority.

**Section 3** A combatant shall have only one manager of record and in the event a combatant has co-managers, one manager shall be named the manager of record and shall be held responsible as if there was only one manager.

**Section 4** A manager or managers shall not share in more than 33-1/3% of the ring earnings of the combatant.

**Section 5 Contract between combatant and manager**

A contract entered into between a combatant and a manager shall:

- (a) be filed with the Authority for approval;
- (b) become null and void if one of the parties has his/her license cancelled, suspended or is refused a renewal of a license;
- (c) not be assigned without the approval of the Authority; and
- (d) not be for a period of more than 4 years.

**Section 6** A contract between a combatant and manager is not valid unless both parties appear at the same time before the Authority and receive its approval, unless otherwise directed by the Authority.

**Section 7 Contract between combatant and promoter**

A contract between a combatant and a promoter may be signed either by the combatant’s manager on the combatants behalf, or personally by the combatant if

the combatant has no licensed manager of record, unless otherwise directed by the Authority.

**Section 8** Contracts must be signed by or for a participant with a valid license which does not expire prior to the event he is participating in.

**Section 9 Combatants of same weight**

Contracts of combatants matched to meet each other shall require each combatant to be the same weight or within safe limits as determined pursuant to *Rule 13, Section 9(a, b)*.

**Section 10 Combat sports event after expiration date of contract**

No manager shall be allowed to contract the services of a combatant under the manager's management for a combat sports event to take place on a date after the expiration of the contract between the manager and the combatant, unless the event has been approved in advance by the Authority.

**Section 11 Signature of combatants**

A contract for the services of a combatant shall be signed by the combatant under the legal name of the combatant unless the combatant is licensed to compete in Nova Scotia under another name, in which case the combatant may sign the contract under the licensed name of the combatant and the legal name must appear in the body of the contract as the name under which the combatant is otherwise known.

**Section 12 Contracts signed by both combatants**

Contracts for a combat sports event shall not be approved by the Authority unless both combatants have signed contracts with the same promoter.

**Section 13 Minimum percentage of receipts for combatants**

The minimum percentage of the receipts to be paid to combatants in the main combat sports event shall be not less than 10% for each combatant, and all payments of any nature to be paid to each main combat sports combatant shall be specified in the contract.

**Section 14 Amount payable if opponent not present**

If a combatant is ready to enter the ring and the opponent or a suitable substitute for the opponent is not present at the appointed time, the combatant who is ready is entitled to the amount payable under the terms of the contract.

**Section 15 Combatants on standby**

A combatant in a standby or emergency combat sports event, if not used, shall be paid a minimum standby fee of \$100.00 and shall be engaged for a preliminary combat sports event within a reasonable time thereafter by the promoter.

**Rule 11 -Premises, Facilities and Equipment**

**Section 1 Approved premises**

Combat sports events shall be held only in premises approved by the Authority.

## **Section 2 Premises and Equipment**

The promoter shall provide the following:

- (a) a clean bucket and clean bottle for drinking water in each combatants corner at each combat sport event;
- (b) garbage bins are to be placed in each corner;
- (c) 14 days prior to the scheduled combat sports event, for all main combat sports events and all events scheduled for 10 rounds, new gloves, and for all other combat sports events, clean, serviceable gloves, of a make approved by the Authority;
- (d) powder resin for the canvas;
- (e) Seconds' stools for each corner;
- (f) all such other articles as are required by the Authority for the proper conduct of the combat sport event;
- (g) suitable separate ringside seats and scoring tables for the judges and timekeepers;
- (h) in each of the premises where combat sports events are conducted, a special private room for the exclusive use of the judges and referees; and
- (i) suitable dressing rooms for the combatants, including separate dressing room facilities for female combatants.

## **Section 3 Medical provisions**

A promoter shall ensure the following:

- (a) a paramedical team is present at each combat sport event and is equipped with a portable resuscitator with oxygen equipment and stretcher;
- (b) an ambulance is to be stationed outside the nearest door to the ring, and the shortest route possible between the ring and the ambulance door is secured;
- (c) free admission is provided to the paramedical team personnel; and
- (d) a promoter is responsible for the cost of transporting a combatant to the hospital.

**Section 4** No combat sport event shall be held in a location that does not have access to an air ambulance service or an emergency surgical facility at a general hospital where a CT scan facility is available and that is staffed by a qualified surgeon with appropriate facilities, including those for anaesthesia, radiology and intensive care.

## **Section 5 Admission for Authority members and combatants**

A promoter shall provide:

- (a) free admission and sufficient seating in a secure roped off area surrounding the ring/cage for members of the Authority;
- (b) One (1) free front row table for the sole use of the Authority; and



- (c) each combatant with a minimum of 2 free admission tickets for any combat sport event in which the combatant is participating.

## **Rule 12 - Conduct of Combat Sports Events**

### **Section 1 Administration by Authority**

- (a) All professional combat sports events shall be conducted and administered under the direction of the Authority.
- (b) If the spectators conduct themselves in an unseemly manner, the match shall be discontinued by the Authority until order is restored; or failing restoration of order, be discontinued entirely.
- (c) Promoter is **NOT** to add any matches or sideshow without the permission of the authority.

### **Section 2 Attendance by Authority representative**

An Authority representative shall be in attendance at all sanctioned combat sports events and is responsible for such matters set out in these Regulations.

### **Section 3 Officials**

Officials shall be present at each sanctioned combat sport event in accordance with *Rule 21, Sections 1 and 2*.

### **Section 4 Doctors at ringside**

A minimum of one ringside doctor shall be present at all sanctioned combat sports events.

## **Rule 13- Weigh-in Ceremonies and Prefight Medicals**

**Section 1** The Authority shall determine the times and places for all weigh-in ceremonies and prefight medicals for indoor and outdoor sanctioned combat sports events.

**Section 2** The Authority shall select and approve the scales and their location for optimum weight accuracy.

**Section 3** Each combatant participating in a combat sport event shall be present to be weighed on the official scales in the presence of the opponent and the Authority.

**Section 4** The weigh-in referred to in *Section 1* shall take place not more than 24 hours or less than 8 hours before the scheduled start of the combat sport event.

**Section 5** The official scales shall be made available to each combatant at least 2 hours before the official weigh-in so that the combatants may weigh themselves as needed.

**Section 6** Combatants are required to wear appropriate competition shorts or walking shorts for a public weigh-in.

**Section 7** If a combat sport event is postponed for more than 24 hours, a second weigh-in and additional medical examinations shall be required on the day to which the event has been adjourned.

### **Section 8 Combatants failing to make required weight**

At the time of the official weigh-in, combatants must make the weight stipulated in their contract. To conform to the Association of Boxing Commission’s Unified Rules, NSBA has adopted the unwritten custom of the 1lb allowance over the contracted weight for non-title bouts. This is to make allowance for any clothing worn by the combatant. No additional time to make weight will be permitted. Overweight combatants will be subject to *Section 8(a, b, c, d, e)*.

- (a) Subject to *Section 9(b)*: If a combatant fails to make the weight stipulated in the contract, the opponent is required to proceed with the bout.
- (b) An overweight combatant shall pay an amount referred to as the “weight forfeit” to the Authority to be disbursed to his/her opponent.
- (c) The “weight forfeit” is 20% of the purse of the overweight combatant.
- (d) No combatant shall be permitted to lose more than 3% of body weight on the day of the fight in order to make the weight stipulated in the contract.

**Section 9 Weight Difference**

- (a) For combat sport events in the heavyweight division, the weight difference allowed is unlimited.
- (b) In all combat sport events, other than in the heavyweight division, a Medical Advisor in conjunction with the Authority shall decide if the weight difference is too great.

**Section 10**

<b>Maximum Weight Differentials in Weight Classes - Boxing</b>	
<b>Where the Lighter contestant weighs</b>	<b>Maximum Differential</b>
Less than 118 lbs. (53.53 kg)	3 lbs. (1.36 kg)
119-126 lbs. (53.98-57.15 kg)	7 lbs. (2.27 kg)
127-135 lbs. (57.60-61.24 kg)	8 lbs. (3.18 kg)
136-147 lbs. (61.69-66.68 kg)	11 lbs. (4.08 kg)
148-160 lbs. (67.13-72.57 kg)	12 lbs. (4.99 kg)
161-175 lbs. (73.03-79.38 kg)	14 lbs. (5.44 kg)
176-190 lbs. (79.83-86.18 kg)	14 lbs. (6.35 kg)
More than 190 lbs. (86.18 kg)	No limit

## Section 11

<b>Maximum Weight Differentials in Weight Classes - MMA</b>	
<b>Class</b>	<b>Weight Limit</b>
Flyweight	99.0-112.0 lbs. (44.90-50.80 kg)
Bantamweight	113.0-118.0 lbs. (51.25-53.53 kg)
Featherweight	119.0-126.0 lbs. (53.98-57.15 kg)
Lightweight	127.0-135.0 lbs. (57.60-61.24 kg)
Super Lightweight	136.0-140.0 lbs. (61.69-63.50 kg)
Welterweight	141.0-147.0 lbs. (63.95-66.68 kg)
Super Welterweight	148.0-154.0 lbs. (67.13-69.85 kg)
Middleweight	155.0-160.0 lbs. (70.30-72.57 kg)
Super Middleweight	161.0-168.0 lbs. (73.03-76.21 kg)
Light Heavyweight	169.0-175.0 lbs. (76.65-79.38 kg)
Cruiserweight	176.0-190.0 lbs. (79.83-86.18 kg)
Heavyweight	over 190.0 lbs. (over 86.18 kg)

### **Rule 14- Combatants in dressing room**

**Section 1** Combatants shall report to the dressing room of the premises as follows:

- (a) One (1) hour prior to the scheduled commencement of the event for combatants in the main or feature combat sport event and combatants engaged for emergency or standby combat sports events.
- (b) Two (2) hours prior to the scheduled commencement of the combat sports event for all other combatants.
- (c) All combatants shall remain in their dressing rooms until ordered into the ring by the Authority representative.

### **Rule 15- Notice of change of program**

**Section 1** A notice of any change in the advertised or announced program for any main or featured combat sports event shall be approved by the Authority at least 36 hours before the weigh-in for the event.

#### **Section 2 Refunds on tickets**

The promoter shall refund the purchase price of tickets presented at the box office for refund on the day of the combat sport event.

### **Rule 16 -Employees not permitted to coach**

The employees of the promoter and of the matchmaker shall not coach any combatant at any time during the progress of a combat sports event without the approval of the Authority.

## **Rule 17 -Rounds and duration of Combat Sports Events**

- Section 1** No combat sport event shall be more than 12 rounds in length, such rounds to be of:
- (a) not more than 3 minutes in duration for male boxers;
  - (b) not more than 5 minutes in duration for male/female combatants (MMA); and
  - (c) not more than 2 minutes in duration for female boxers, unless first approved by the Authority.
- Section 2** The Authority may, in respect of any boxing match or in respect of any class of boxers, limit the number of rounds of a boxing match within the maximum of 12 rounds.
- Section 3** All non-championship boxing matches shall be:
- (a) 3 round duration MMA;
  - (b) 4, 6, 8 or 10 rounds in duration for male boxers; and
  - (c) 4, 6 or 8 rounds in duration for female boxers, unless otherwise approved by the Authority.
- Section 4** All world championship, Canadian championship and Commonwealth championship matches shall consist of:
- (a) Twelve (12), 3-minute rounds.
  - (b) Five (5), 5-minute round duration for MMA.
  - (c) There shall be a 1-minute rest between rounds.
  - (d) Other championship combat sports matches shall be scheduled for such duration as specified by the rules established by the Authority in conjunction with the organization offering the championship.
  - (e) If a championship offered by an organization is contested in Nova Scotia, and the organization is recognized by the Authority, the rules and regulations of that organization shall be deemed to form a part of these Regulations.
  - (f) if the regulations of the organization referred to in *Section 4(e)* differ substantially from these Regulations, a mutual agreement shall be reached as to which rules shall apply.

## **Rule 18- Gloves**

- Section 1** In all non-championship combat sports events, the gloves of each combatant shall be adjusted in the dressing room under the supervision of the Authority representative.
- Section 2** In championship combat sports events, the gloves shall be adjusted in the dressing room, or in the ring, under the supervision of the Authority representative before the commencement of the event.
- Section 3** The Authority shall maintain a list of approved gloves.

- Section 4** The use of gloves, thumb-less and/or attached, of a standard approved by the Authority, shall be mandatory for all combatants.
- Section 5** Boxers in weight classes above 147 lbs. (66.68 kg) shall use gloves that are 10 oz. (283.50 g) in weight; boxers in all other weight classes shall use gloves that are 8 oz. (226.80 g) in weight. This information must be stated in the promoter's package.
- Section 6** Gloves shall not be placed on a boxer's hands until the finished bandages have been approved and signed or stamped by an Authority representative in accordance with *Rule 19, Section 4*.
- Section 7** A representative of a combatant's opponent is entitled to be present during the bandaging procedure, including the placement of gloves on the hands of a combatant (for championship matches).
- Section 8** The laces of each glove shall be knotted on the back of the wrists and a strip of 1 inch (2.54 cm) adhesive tape shall be placed on the wrists of the gloves over the laces.
- Section 9** Combatants or their Seconds, who deliberately break a glove shall be assessed the cost of the pair of gloves and may face further disciplinary action.

### **Rule 19 – Bandages**

- Section 1** In all weight classes, an unlimited amount of hand bandages of soft gauze may be used. A boxer weighing up to and including 147 lbs. may have his or her hands bandaged held in place by not more than 9 feet (2.74 m) per hand of surgeon's tape 1 inch (2.54 cm) in width. A boxer weighing over 147 lbs. is permitted to have his or her hands bandaged held in place by not more than 11 feet (3.25 m) per hand of surgeon's tape, 1 inch (2.54 cm) in width.
- Section 2** In no case may the binding of surgeon's tape be applied within 1 inch (2.54 cm) of the knuckles of the combatants hand and it shall not cover the knuckles in any way, but surgeon's tape may be applied between the fingers and knuckles from the palm of the hand to the back of the hand in order to hold the gauze covering the knuckles in place.
- Section 3** Before bandaging the hands, it is permissible to place surgeon's tape across the back of each hand of not more than 6 inches (15.24 cm) per hand of tape 1 inch (2.54 cm) in width as long as tape is not placed across the knuckles.



**Section 4** Before a participant enters the ring, the participant's completed bandages shall be examined by an Authority representative and signed or stamped on each hand by the Authority representative signifying approval and shall not be altered in any manner thereafter.

### **Rule 20 -Ring**

**Section 1** The ring in all boxing matches is to be not less than 18 feet square (5.49 metres square) nor more than 20 feet square (6.1 metres square) measured within the ropes, and the floor of the ring shall extend beyond the ropes not less than 18 inches (45.72 cm).

**Section 2** The floor of the ring shall be padded with a 1 inch (2.54 cm) layer of Insolate or the equivalent, placed over a 1 inch (2.54 cm) base of building board or other suitable material with a top covering of canvas, duck or similar material tightly stretched and laced securely in place under the ring apron.

**Section 3** Ring ropes shall be 4 in number and not less than 1 inch (2.54 cm) in diameter, wrapped securely in soft material.

**Section 4** The lower rope shall be 18 inches (45.72 cm) above the ring floor, the 2<sup>nd</sup> rope 30 inches (76.2 cm), the 3<sup>rd</sup> rope 42 inches (106.68 cm) and the 4<sup>th</sup> rope 54 inches (137.16 cm) above the ring floor. Ring ropes shall be secured on all sides by 2 ties equidistant from the corner posts so that the ropes cannot be separated farther apart than they are at the corner posts, unless otherwise approved by the Authority. The bottom rope must be looser than other three ropes.

### **Rule 21 - Officials**

**Section 1** The officials for all combat sports events shall be at least 1 referee, 3 judges and 1 or 2 timekeepers.

**Section 2** All officials shall be appointed by the Authority, except that in a Canadian championship boxing match, the Canadian Boxing Federation shall appoint the officials upon the recommendation of the Authority.

**Section 3** The Authority may, at the request of either of the participants and the promoter in a combat sports event, appoint a referee and/or judges from a commission outside the jurisdiction where the event is to be held.

**Section 4** In the event that officials are appointed from outside the jurisdiction of the Authority, it shall be the responsibility of the promoter to pay their expenses for licensing, travel, lodging and meals.

**Section 5** In the event that the combat sport event does not take place, it is the responsibility of the Authority to ensure that the officials are compensated for their time and co-operation, according to a schedule of payments established by the Authority.

**Section 6** Compensation for referees, judges and timekeepers, otherwise known as Officials, in Nova Scotia is as follows:

- (a) Referees \$150.00 minimum
- (b) Judges \$100.00 minimum
- (c) Timekeepers \$100.00 minimum

**Section 7 Attire for Officials**

- (a) Referee (Boxing): All black footwear, navy or black dress pants and black belt, powder blue or white dress shirt, black bow tie (not clip-on type), crest sewn on left shoulder 2 inches from shoulder seam, if applicable.
- (b) Referee (MMA): All black, shirt, belt, pants, and shoes.
- (c) Judges and Timekeepers (Boxing & MMA): Dress pants, black or brown shoes, dress shirt, neck tie and sports jacket.

**Section 8 Not permitted to Officiate**

- (a) No officer of a commission or sanctioning body, either elected or appointed, shall be permitted to officiate in any combat sports event without the approval of the Authority.
- (b) No official, director, matchmaker or stockholder of a promoter may officiate in any capacity at any combat sports event conducted by the promoter, nor interfere in any way with the combatants participating in the combat sports event.

**Section 9 Chief Official**

The Referee is the Chief Official in every combat sports match and shall maintain supervision and control over the combat sport match while it is in progress.

**Rule 22- Medical Personnel**

**Section 1** The Authority shall ensure that:

- (a) at least one ringside doctor is in attendance at each combat sports event;
- (b) the fees of the attending ringside doctors are paid; and
- (c) a fully equipped team of paramedical (ambulance) personnel consisting of not more than 4 and no fewer than 2 persons is in attendance at each combat sport event.

**Section 2 One (1) Ringside doctor in place**

The referee shall not start the combat sport match until the ringside doctors and the paramedical personnel, and equipment required, pursuant to *Rule 11, Section 3*, are in place at ringside.

**Section 3 Ringside doctors and referee**

The ringside doctors are the highest authority on medical matters during a combat sports event and their opinions shall be respected at all times by the referee.

**Section 4 Combat sports event stopped for medical reasons**

At the discretion of the appointed referee or ringside doctor only, a bout may be stopped if:

- (a) a combatant appears injured and unable to continue; or
- (b) a combatant appears to be in such a condition that continuation may result in serious injury to the combatant, the referee or a ringside doctor shall call time-out and consult on the advisability of permitting the combat sport match to continue.
- (c) if, as a result of a consultation pursuant to *Rule 22, Section 4(b)*, a ringside doctor determines that the combat sport match should not continue, the referee shall stop the match.

**Section 5** A ringside doctor may enter the ring during the progress of a combat sport match to examine combatant and determine their ability to continue:

- (a) when the referee calls time out and requests that a ringside doctor enter the ring; or
- (b) when a ringside doctor calls time out and makes a decision to enter the ring.

**Section 6** If a ringside doctor requires more than 90 seconds (60 seconds rest time plus an additional 30 seconds) to make an assessment of the ability of a combatant to continue, the combat sports match shall be stopped and a decision rendered in accordance with these Regulations.

#### **Rule 23 - Inspection of gloves**

The referee shall inspect the bandages and gloves of each combatant prior to the beginning of the combat sports match to ensure that

- (a) the gloves are free of any foreign substance; and
- (b) the bandages of each combatant have not been altered in any manner subsequent to being inspected and signed by the Authority representative.

#### **Rule 24 - Chief Second**

Before a combat sports match begins, the referee shall ascertain the name of the Chief Second of each combatant and shall hold the Chief Seconds responsible for the conduct of their respective corners.

#### **Rule 25 - Shaking of Hands**

The shaking of hands by the combatants is only permissible immediately following the referee's instructions and after the conclusion of the combat sports match.

#### **Rule 26 - No other person in ring**

No persons other than the combatants and the referee shall be in the ring during



the progress of any round, under penalty of the disqualification of their combatant.

### **Rule 27 -Discipline**

- Section 1** The referee is empowered to enforce discipline and the regulations of the Authority pertaining to the conduct and behaviour of combatants and Seconds and may stop a combat sports match if, in the discretion of the referee
- (a) a combatant did not enter into the contract in good faith;
  - (b) a combatant is not honestly competing or did not honestly compete; or
  - (c) a combatant is guilty of any act detrimental to combat sports or is guilty of a foul as defined in these Regulations.
- Section 2** If the referee halts a combat sports match for any of the reasons listed in *Section 1*, the combatant shall not receive any part of the monies payable under the contract.
- Section 3** In lieu of the referee halting a combat sports match for any of the reasons listed in *Section 1*, the Authority representative in charge may, following the conclusion of the combat sports match, impose a fine or fines on the offending combatant.

### **Rule 28 -Referee not to touch combatants**

The referee shall not touch the combatants except on the failure of one or both combatants to obey the “break” or stop command.

### **Rule 29 -Referee may consult judges**

The referee may consult the judges with respect to low or foul blows delivered in a combat sports match.

### **Rule 30 -Referee to decide**

The referee shall decide all questions arising during a combat sports match which are not specifically covered by these Regulations.

### **Rule 31 -Mouth protector**

- (a) The referee shall not permit a combatant to start a round without a mouth protector.
- (b) If a combatant loses their mouth protector during the progress of a round, the referee shall call a time-out as soon as is practicable, retrieve the mouth protector and have it washed and replaced.
- (c) A combatant who, in the opinion of the referee, deliberately spits out their mouth protector during the course of a combat sports match, shall be given a warning for the first occurrence, have a point deducted for the second occurrence and shall be disqualified for the third occurrence in a combat sports match.

## **Rule 32- Judges**

### **Section 1 Seating**

- (a) Each of the 3 judges shall be seated on 3 sides of the ring adjacent to the ring apron.
- (b) Each of the judges shall be seated alone with no person in close proximity.

### **Section 2 Awarding of points**

The decision of the judges shall be based primarily on effectiveness, taking into account the following points:

- (a) A clean, forceful hit landed on any vulnerable part of the body above the belt should be credited in proportion to its damaging effect.
- (b) Points for aggressiveness should be awarded to the participant who sustains the attack of a round by the greatest number of skillful attacks.
- (c) Defensive work is relatively important and points should be given for cleverly avoiding or blocking a blow.
- (d) Points should be awarded where ring generalship is conspicuous.
- (e) Points should be deducted if a participant persistently delays the action of a match by clinching and by lack of aggressiveness.
- (f) Points should be deducted for a foul even though it is unintentional and not serious enough to warrant disqualification.
- (g) A participant should be given credit for sportsmanship in the ring and for close adherence to the spirit as well as the letter of the rules and for refraining from taking technical advantage of situations unfair to an opponent.
- (h) For the purposes of *Rule 32, Section 2(d)* “generalship” includes:
  - 1) the ability to quickly grasp and take advantage of every opportunity offered;
  - 2) the capacity to cope with all kinds of situations which may arise;
  - 3) the ability to foresee and neutralize an opponent’s methods of attack; and
  - 4) the ability to force an opponent to adopt a style at which the opponent is not particularly skilled.

## **Rule 33 –Scoring “The 10 Point Must System”**

### **Section 1**

- (a) The “10 Point Must System” shall be used, in which the winner of a round receives 10 points and the loser of the round is awarded the appropriate number of points from 9 to 7, as the performance merits.
- (b) If a round is even, both participants shall receive 10 points.
- (c) The loser shall never receive less than 7 points unless the referee deducts additional points.

(d) Seven points will only be awarded after multiple knockdowns or in the event of points being deducted for fouling pursuant to *Rule 43, Sections 3 & 4*.

(e) When the referee deducts points from a participant, the referee shall inform the judges immediately.

(f) Partial rounds will be scored.

**Section 2** Independent scoring sheets shall be used by each judge for each round.

**Section 3** At the conclusion of each round, a person or persons so designated by the Authority shall collect the scoring sheets and deliver them to the Authority representative who shall keep the master score sheet and a running tally of the scores.

**Section 4** At the conclusion of a match, the majority decision of the 3 judges shall determine the winner of the match.

**Section 5** A match shall be declared a draw if:

(a) all three (3) judges score the two participants even;

(b) two (2) judges score even; or

(c) one (1) judge scores even and the other two (2) judges score for different participants.

## **Rule 34 -Knockdown and Knockout**

### **Section 1 “Down”**

A combatant shall be deemed to be “down” when:

(a) A part of the combatant’s body other than their feet is on the ring floor.

(b) Rising from the down position.

(c) The combatant is hanging helplessly over the ropes as a result of a legal blow, as ruled by the referee.

(d) A participant who falls or is knocked out of the ring and off the ring apron as a result of a legal blow is deemed to be down and knocked out unless the participant returns to the ring unassisted before the count of 20 has been reached.

### **Section 2 Count**

(a) When a boxer is down, the referee shall order the opponent to retire to the farthest neutral corner of the ring by pointing to the corner.

(b) Once the opponent has retired pursuant to *Section 1*, the referee shall immediately assume the count from the time-keeper or knockdown caller.

(c) If the opponent does not go to the neutral corner or fails to remain in the designated corner, the referee shall cease counting until the opponent has returned to the corner and then the count shall be resumed from the point at which it was interrupted.

- (d) If a participant who is down arises before the count of 10 is reached and again goes down without being struck, the referee shall resume the count where it was left off.
- (e) A participant who is knocked down from a legal blow as opposed to a slip or fall must take a mandatory count of 8.

**Section 3 Examination by Referee**

- (a) if, when the count of 8 is reached, a participant is standing, the referee may examine the participant long enough to ensure that the participant is in fit condition to continue.
- (b) if the referee is satisfied that the participant is in fit condition to continue, the referee shall order the match to continue without loss of time.

**Section 4 Announcement of count**

When a participant is knocked down and after the referee has assumed the count pursuant to *Rule 34, Section 2*, the referee shall audibly announce the count and motion with right arm downward motion indicating the end of each second of the count.

**Section 5 Count of 10**

If a participant taking the count is still down when the referee calls the count of 10, the referee shall wave both arms indicating that the participant has been knocked out.

**Section 6 Round ending during count**

If a round ends during a knockdown count, the referee shall continue to count unless the participant rises and is on their feet before the count of 10 is reached. *One cannot be saved by the bell in any round.*

**Section 7 Automatic knockout**

Three knockdowns within the same round of a match shall constitute an automatic knockout.

**Section 8 Handlers**

When a combatant is knocked out, none of the combatants handlers shall touch the combatant until a ringside doctor enters the ring and personally attends the fallen combatant and issues instructions to the combatants handlers.

**Section 9 Failure to rise after fall**

If a participant slips, falls or is wrestled down without legal blows being delivered, the participant shall be ordered by the referee to rise immediately and failure to rise may be sufficient cause for disqualification.

**Rule 35 -Combatants**

**Section 1 Qualification**

- (a) A combatant must be qualified to perform as a combat sports combatant.

- (b) Combatants shall only be permitted to compete with combatants of the same sex.
- (c) A combatant must be a minimum of 19 years of age.
- (d) A combatant must hold a valid, professional combat sports license.

### **Rule 36 -Rest periods**

A mandatory 7 day rest period shall be imposed upon all combatants after participating in any match. Any additional rest period is decided by the Medical Advisor.

### **Rule 37 -Costume**

**Section 1** A male/female combatant participating in a combat sports match shall wear attire approved by the Authority which shall include:

- (a) trunks that reach at least mid-thigh;
- (b) a foul-proof guard not extending above the waist line;
- (c) athletic non-slip footwear; and
- (d) a mouth protector.

**Section 2** A female combatant participating in a combat sports match shall wear attire approved by the Authority which shall include:

- (a) a body shirt and shorts, and the combatants shall have contrasting colours;
- (b) a chest protector made specifically for the combatant;
- (c) athletic non-slip footwear; and
- (d) a mouth protector.

No leotards or other such attire are permissible.

No jewellery shall be worn during a bout.

**Section 3 Scalp Hair**

A combatant's scalp hair shall be safely secured in a manner so that it shall not interfere with the vision or safety of either combatant.

**Section 4 Facial hair**

- (a) No combatant should have a beard that could be detrimental to his opponent as ruled by the Authority.
- (b) A combatant with a moustache is permitted to participate in a combat sports match provided that it is not considered possible for the moustache to cause a cut or injury to the opponent.

### **Rule 38 - Petroleum jelly (see MMA rules for MMA participants)**

The discretionary use of petroleum jelly is permitted around the eyes, bridge of the nose and behind the ears, but no grease or other substance is permitted on the body, arms or legs of a boxer during a match.

### **Rule 39 -Combatant reported Ill**

A combatant who is reported ill may be placed upon the “Ill and Unavailable” list and shall not be reinstated until the combatant has been examined and approved by a Medical Advisor, and until the combatant either fulfills all commitments pending at the time of the suspension or is released from them by the promoter.

### **Rule 40 -Arrival of combatants in city or town**

- Section 1** A combatant participating in a championship combat sports match shall arrive in the city or town where the event is to take place, unless otherwise directed by the Authority, no less than:
- (a) for a world title fight, not less than 5 days;
  - (b) for a Canadian title fight, not less than 3 days; and
  - (c) for a Maritime title fight, not less than 2 days before the advertised commencement of the combat sports event.
  - (d) For all combat sports matches, other than championship combat sports matches, combatants shall be in the city or town where the event is to take place not less than 48 hours before the advertised commencement of the event unless otherwise directed by the Authority.

### **Rule 41 -Amateur boxers on professional boxing cards**

- Section 1** Amateur boxers shall not participate on a professional boxing card without the approval of Boxing Nova Scotia.
- (a) All amateur boxing matches on a professional boxing card shall be conducted under the rules of the Canadian Amateur Boxing Association and shall be under the complete jurisdiction of judges, referees and other officials appointed by Boxing Nova Scotia.
  - (b) The officials shall be admitted free of charge by the promoter.
  - (c) No boxer in an amateur boxing match on a professional boxing card shall be permitted to participate unless the boxer has been examined by a medical doctor in accordance with the medical standards as set out by the Canadian Amateur Boxing Association.
  - (d) The fee for the use of amateur boxers on professional boxing cards shall be paid by the promoter to the Authority before the boxing matches are sanctioned.
  - (e) Fees payable for the appearance of amateur boxers on a professional boxing card or a professional-amateur boxing card shall not be less than an amount that will reimburse all attendees’ expenses of the amateur boxers including transportation, accommodation and meal expenses, and may, with the

approval of the Authority, also provide for a share of the profits of the card, either as a guarantee or share of percentage, in such amounts as the promoter and Boxing Nova Scotia may agree.

- (f) No cash transactions shall be permitted under any circumstances between the promoter, manager or boxer and all fees for the appearance of amateur boxers on a professional boxing card shall be paid to the Authority by way of certified cheque.

**Section 2** Fees collected by the Authority shall be paid to Boxing Nova Scotia, which shall:

- (a) reimburse the expenses of the amateur boxers; and
- (b) apply the balance, if any, for the further development of amateur boxing in Nova Scotia.

#### **Rule 42 -Return after voluntary retirement**

**Section 1** After one (1) year of voluntary retirement, a combatant wishing to return to professional combat sports must pass a complete physical examination including a VO-2 MAX test that measures endurance and recovery capacity of the body.

**Section 2** A combatant returning to professional boxing pursuant to *Rule 42, Section 1*, must begin a new career in a scheduled boxing match not exceeding 6 rounds and thereafter have one (1) additional boxing match scheduled for 10 or fewer rounds before being permitted to fight more than 10 rounds.

#### **Rule 43 –Fouls for Boxing \*See MMA Rules and Regulations for Fouls for MMA**

**Section 1** **Low blows**

- (a) No boxing match shall be terminated by a low blow, as the protectors that are used by boxers are sufficient protection to withstand any low blow that might otherwise incapacitate either of the boxers.
- (b) If a boxer falls to the ring floor or otherwise indicates an unwillingness to continue because of a claim of a low blow foul, the boxing match shall be terminated and the referee shall award the boxing match to the opponent.

**Section 2** **Accidental fouls**

- (a) In the case of an accidental foul, the referee shall determine whether the boxer who has been fouled can continue.
- (b) If the boxer's chances have not been seriously jeopardized as a result of the accidental foul, the referee may order the boxing match to continue after an interval of not more than 5 minutes rest. The length of time of the rest will be determined by the referee or the ringside doctor.

**Section 3** **Major fouls**

The following are considered major fouls:

- (a) hitting an opponent who is down;
- (b) using the knee against the opponent (other than in MMA fights);

- (c) purposely going down without being hit;
- (d) failing to heed the referee's warnings concerning low blows or other minor fouls;
- (e) using a pivot blow or rabbit punch;
- (f) any dangerous or unsportsmanlike conduct in the ring;
- (g) deliberate head butting.

Upon the occurrence of any deliberate foul in a round, the referee shall:

- (a) award the round to the fouled boxer; or
- (b) disqualify the offending boxer and award the boxing match to the fouled boxer.

#### **Section 4 Minor fouls**

The following are considered minor fouls:

- (a) holding an opponent;
- (b) deliberately maintaining a clinch;
- (c) hitting with the inside or butt of the hand, the wrist or elbow (other than in MMA matches);
- (d) backhand blows (other than in MMA matches);
- (e) low blows;
- (f) hitting or "flicking" with the open glove;
- (g) wrestling or roughing at the ropes (other than in MMA matches);
- (h) deliberately striking at that part of the body over the kidneys; or
- (i) hitting on the break.

Upon the occurrence of a minor foul in a round, the referee shall determine whether the offending boxer should be warned or should lose points: however, upon the occurrence of the same minor foul 3 times in a boxing match, the referee shall automatically order that points be deducted.

### **Rule 44 -Boxing Match Decisions Resulting from Injuries**

#### **Section 1 Injuries and cuts resulting from blows**

When an injury is produced by a fair blow and the boxing/MMA match cannot continue because of the severity of the injury, the injured boxer will be declared the loser by technical knockout.

#### **Section 2 Injuries and cuts resulting from intentional fouls**



If a combatant intentionally fouls their opponent resulting in an injury, the severity of which prevents the injured combatant from continuing, the offender shall be declared the loser by disqualification.

(a) If, despite an injury resulting from an intentional foul, a boxing/MMA match can continue, the referee shall penalize the offender by deducting points depending upon the severity of the offence.

(b) If a boxing/MMA match continues under the circumstances described in *Section 2(a)*:

- 1) the referee shall notify the judges and Authority representative that the injury was produced by an intentional foul; and
- 2) if in subsequent rounds, the same injury should become so severe that the boxing/MMA match has to be terminated, the decision shall be awarded as follows:
  - i. technical draw if the injured combatant is behind in points or even on the scorecards, or
  - ii. technical decision awarded to the injured combatant if the injured combatant is ahead in points on the scorecards.

If a combatant receives an injury while trying to foul their opponent, the referee will not take any action in the injured combatants favour and the injury shall be considered produced by a fair blow from the opponent.

### **Section 3 Injuries and cuts resulting from accidental blows**

If the referee determines that a combatant has been accidentally injured in a boxing or MMA match, and:

(a) the combatant cannot continue; the referee shall immediately call a technical decision to be awarded to the combatant who is ahead in points on the scorecards;

(b) the combatant can continue; the referee shall notify the judges and the Authority representative that if in subsequent rounds the same injury becomes so severe that the boxing or MMA match has to be suspended, the decision shall be awarded in accordance with the majority decision as disclosed by the scorecards;

(c) if a boxing or MMA match is terminated before the expiration of one-half of the rounds completed or 4 rounds completed for bouts of 10 or more rounds because of accidental injury to a combatant, a technical draw will be awarded to the boxers.

- 1) a round is completed when the bell rings for the proceeding round.
- 2) a technical draw will be awarded if the minimum rounds are not completed.

## **Rule 45 –Medical Suspensions**

### **Section 1 Duration of Suspension**

- (a) A combatant who suffers a knockout (KO) or a technical knockout from blows to the head (TKO-H) shall be suspended for not less than 60 days.
- (b) A combatant who suffers 2 consecutive or a combination of 2 knockouts (KO) or technical knockouts from blows to the head (TKO-H) within a 6-month period shall be suspended for not less than 180 days.
- (c) A combatant who suffers 3 consecutive or a combination of 3 knockouts (KO) or technical knockouts from blows to the head (TKO-H) within a 1-year period shall be suspended for not less than 1 year.
- (d) A combatant who suffers a technical knockout as the result of cuts (TKO-C) shall be suspended for a duration prescribed by a Medical Advisor.
- (e) A combatant who suffers a technical knockout as the result of blows to the body (TKO-B) shall be suspended for a duration prescribed by a Medical Advisor.

## **Rule 46 -Surrender of License**

**Section 1** A combatant who is suspended shall immediately surrender their license to the Authority and shall not be re-instated until successfully passing a medical examination as follows:

- (a) for knockout and technical knockout from blows to the head, a complete medical examination; or
- (b) for technical knockouts from cuts or blows to the body, a medical examination as prescribed by a Medical Advisor.

**Section 2** **Contact training**

During a suspension, a combatant shall refrain from contact training until at least one-half of the suspension period has expired and shall not participate in contact training until the necessary medical examination has been passed.

**Section 3** Failure to comply with this Section shall result in automatic permanent suspensions for the combatant and the manager.

**Section 4** **Suspension of License with Recommendation by Medical Advisor**

- (a) The Authority may suspend a combatant if, on the recommendation of a Medical Advisor, he considers the suspension necessary for the protection of the combatants health and life.
- (b) A combatant suspended pursuant to *Section 4(a)* may be re-instated after successfully passing a complete medical examination, as recommended by the Authority's appointed Medical Advisor.

**Section 5** **Retirement for own protection**

If a combatant has suffered repeated knockouts or severe beatings, the combatant shall be ordered to retire for the combatants own protection.

## **Rule 47 -Seconds**

**Section 1** **Approved Seconds**

A combatant shall submit the names of the Chief Second and assistant Seconds to the Authority for approval and only approved Seconds shall be allowed in a combatants corner.

**Section 2      Seconds License**

All Seconds must obtain a license from the Authority and only licensed seconds shall be allowed in a combatants corner.

**Section 3      Actions of Seconds**

- (a) Seconds shall remain seated and silent during the rounds.
- (b) Seconds shall leave the ring platform promptly when the bell sounds for the beginning of a round and shall remove all obstructions from the ring platform.

**Section 4      Ejection**

Non-compliance with *Sections 1, 2, and 3(a, b)*, shall result in the ejection of the offenders from the premises and may result in the disqualification of their combatant.

**Section 5      Number of Seconds**

Each combatant is permitted to have 3 Seconds; however, in the event of a championship match, 1 additional Second is permitted who shall remain on the floor at all times.

**Section 6      Chief Second**

- (a) Only the Chief Second is permitted inside the ring between rounds.
- (b) Each combatant is responsible for the conduct of their Chief Second.
- (c) The Chief Second is responsible for the conduct of their corner.

**Section 7      Coaching**

Continued coaching from the corner during the course of the combat sports match may subject the corner's combatant to disqualification.

**Section 8      Water**

Excessive use of water in the corners shall not be permitted.

**Section 9      Throwing objects**

Seconds shall not throw sponges, towels or any other foreign objects into the ring at any time, but such action shall not be cause to stop a combat sports match.

## **Rule 48 -Materials allowed**

- Section 1** In the corners during a combat sports match Seconds shall only use the following materials issued or approved by the Authority:
- (a) Thrombin, Avetine, Thrombin soaked pads;
  - (b) Adrenalin 1/1000 solution, restricted for topical haemostasis of cuts and nosebleeds only;
  - (c) approved medical electrolyte solution;
  - (d) petroleum jelly;
  - (e) gauze pads;
  - (f) adhesive surgeon's tape;
  - (g) clean towels;
  - (h) clean water;
  - (i) cotton swabs;
  - (j) ice;
  - (k) bandage scissors; and
  - (l) such other items or substances that have been approved by the Authority.

## **Rule 49 -Medical Procedures**

Any injury or illness suffered by a combatant before a scheduled event or while in training for a combat sports match shall be reported to the Authority within 24 hours by the combatant or by the combatants manager, and the combatant shall be examined by a medical doctor who shall conduct such tests and surveys as the illness or injury warrants.

## **Rule 50 -Examinations**

- Section 1** Every combatant shall, within 24 hours of a combat sports event, have a complete medical examination conducted by a medical doctor, and where the examination is not conducted by the Medical Advisor, provide a certificate satisfactory to the Medical Advisor of such examination.
- Section 2** Where a ringside doctor considers it necessary, he or she may conduct
- (a) a general physical examination in dressing rooms prior to the event;
  - (b) a general physical examination of each combatant immediately after the conclusion of the combat sports match.

- Section 3** A ringside doctor shall ensure that combatants entering the ring are:
- (a) mentally and physically sound;
  - (b) not under the influence of drugs or alcohol.
- Section 4 Mammogram**
- If a mammogram, or subsequent breast examination that is carried out as part of the pre- bout medical, shows the presence of breast implants, the medical doctor will inform the combatant of the ramifications and potential rupture of an implant.
- Section 5 Pregnancy Test**
- A urine pregnancy test must be completed on all female combatants no more than seven (7) days prior to a combat sports event. Any female who is found to be pregnant shall not be permitted to compete.
- Section 6 Termination of combat sports match**
- If the combat sports match is terminated because of a physical injury, a ringside doctor shall:
- (a) render any emergency treatment necessary;
  - (b) recommend such further treatment or hospitalization required; and
  - (c) report the matter to the Authority within 24 hours.
- Section 7 Examinations required after combat sports match**
- A combatant who sustains injury or actual knockout during a combat sports match shall be thoroughly examined by a medical doctor within 24 hours.
- Section 8** In the event that a combatant is knocked out, suffers a technical knockout or, in the opinion of the Authority, suffers a severe beating, the combatant shall submit to a neurological examination within 48 hours as arranged by a ringside doctor, and the combatants manager shall be advised.
- Section 9** The neurological examination referred to in *Rule 7, Section 3(j)*, may, at the discretion of a ringside doctor, include any or all of the tests or surveys listed in *Rule 7*, and a report from the neurologist shall be filed with the Authority.
- Section 10** The Authority may suspend a combatant at the request of an attending ringside doctor until the combatant is fully recovered, or may extend any suspension already imposed.
- Section 11** If the combatant described in *Rule 50, Section 10*, is subsequently treated by the combatants personal medical doctor or is hospitalized because of the injury, the combatant or the combatants manager shall promptly submit to the Authority a full report from the medical doctor or hospital.
- Section 12 Detached Retina**
- Any combatant diagnosed as having a detached retina shall be permanently barred from combat sport matches unless the combatant has received treatment and a qualified ophthalmological surgeon certifies that it is safe for the combatant to compete and established visual standards are met.
- Section 13 Written report after combat sport match**

A ringside doctor shall provide a written report on the condition of each combatant after the match including in the report any recommendation for further treatment, examination and suspension.

#### **Section 14 Medical examination report forms**

All medical examination reports must be completed on forms supplied by the Authority and must be filed with the Authority.

### **Rule 51 -Drugs**

**Section 1** It is strictly prohibited for combatants to practice “blood boosting”, the intravenous administration of blood or blood products to enhance the combatants performance for non-medical or recreational purposes.

**Section 2** The administering or use of drugs or stimulants, including smelling salts or ammonia, either before or during a combat sports match, to or by a combatant is strictly prohibited.

**Section 3** No combatant shall ingest any substance, other than plain water or approved medical electrolyte solution provided by the Authority, during the combat sports match.

**Section 4** Any combatant violating *Rule 51, Section 1, 2, or 3*, shall be disqualified.

**Section 5** The discretionary use of coagulants listed in *Rule 48, Section 1(a-l)*, may be permitted between rounds to stop bleeding from minor cuts and lacerations sustained by a combatant.

**Section 6** The use of iron-based coagulants such as “Monsel’s Solution” or any of its derivatives is strictly prohibited and the use of any such coagulant is cause for immediate disqualification.

### **Rule 52 -Master of Ceremonies**

**Section 1** Prior to a combat sports match, the Master of Ceremonies shall make such announcements as directed by the Authority, including the names of:

- (a) the competitors;
- (b) the referee and judges;
- (c) the ringside doctors;
- (d) the timekeeper;
- (e) the knockdown timekeeper;
- (f) the sanctioning bodies; and
- (g) other particulars of the combat sports match.

**Section 2** Prior to the commencement of a combat sports event and after all other announcements have been completed, the Master of Ceremonies shall announce as follows:

*“This combat sports event has been sanctioned and is being conducted under the direction of the Nova Scotia Boxing Authority, \_\_\_\_\_, Chairman. The Authority is represented at ringside by \_\_\_\_\_, who is the designated Supervisor for this combat sports event.”*

**Schedule "A"**

**Nova Scotia Boxing Authority  
Manager-Combatant Contract**

THIS AGREEMENT made the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_

BETWEEN:

\_\_\_\_\_ of \_\_\_\_\_ hereinafter called the "Manager" of the One Part;

-and-

\_\_\_\_\_ of \_\_\_\_\_ hereinafter called the "Combatant" of the Other

Part;

WITNESSETH that the Manager and the Combatant agree as follows:

1. The Combatant appoints the Manager for \_\_\_\_\_ months from and including the \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_, to act as manager in all combat sport matches in which the combatant takes part.
2. The Manager shall arrange all combat sport matches for the combatant, at such times and places, and with such opponents, and at such weights as the Manager considers advisable.
3. The combatant shall not engage in any combat sport matches without the consent of the Manager.
4. The Manager may advertise any combat sport matches in which the combatant is under contract to take part.
5. The Manager shall arrange and pay for any advertising, and provide and post forfeits and guarantees, for combat sport matches in which the combatant takes part.
6. Except where the Manager is negligent, all forfeits shall be borne equally by the Manager and the combatant.
7. The Manager shall, in respect of combat sport matches in which the combatant takes part,
  - (a) keep reasonable records of payments and receipts;
  - (b) be responsible for the collection and receipt of funds and the payment of accounts; and
  - (c) give an accounting to the combatant when requested.



8. The Combatant shall

- (a) take part in combat sport matches arranged by the Manager;
- (b) keep in proper physical condition; and
- (c) train, diet and prepare for combat sport matches under the supervision and direction of the Manager.

9. The expenses of the combatant incurred in training for a combat sport match, and any advertising therefore, shall be deducted from the purse of the combatant for the combat sport match, and the balance divided as follows:

For the Combatant \_\_\_\_\_ percent; and  
 For the Manager \_\_\_\_\_ percent.

IN WITNESS WHEREOF the Manager and Combatant have signed their names the day and year first above written.

SIGNED IN THE PRESENCE OF ) \_\_\_\_\_  
 ) Witness  
 ) \_\_\_\_\_  
 ) Combatant  
 ) \_\_\_\_\_  
 ) Manager

## Schedule "B"

### NOVA SCOTIA BOXING AUTHORITY PROMOTER-CONTESTANT CONTRACT

THIS AGREEMENT made the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_  
(Day) (Month) (Year)

BETWEEN the Promoter: \_\_\_\_\_  
(First and Last Name)

of \_\_\_\_\_  
(City) (Province/State) (Country)

Herein after Called the "Promoter" of One Part;

-AND- the Contestant: \_\_\_\_\_  
(First and Last Name)

of \_\_\_\_\_  
(City) (Province/State) (Country)

Herein after Called the "Contestant" of the Other Part;

WITNESSETH that the Promoter and the Contestant agrees as follows:

1. The Contestant shall take part in a contest match of \_\_\_\_\_ two/three/five-minute rounds to be  
(rounds) (circle one)  
held by the Promoter in \_\_\_\_\_, Nova Scotia on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_,  
(city/town) (day) (month) (year)  
against \_\_\_\_\_ of \_\_\_\_\_ or a  
(Opponent First and Last Name) (City/Town)  
substitute permitted within the Rules and Regulations of the Nova Scotia Boxing Authority, at a  
weight not exceeding \_\_\_\_\_ pounds.
2. (1) The Promoter/Nova Scotia Boxing Authority shall pay the Contestant for the Contestants  
services, after the contest, \$ \_\_\_\_\_, \_\_\_\_\_ to show and \$ \_\_\_\_\_,  
(amount) (amount written) (amount)  
\_\_\_\_\_ to win dollars in \_\_\_\_\_ money, or \_\_\_\_\_ percentage of the  
(amount written) (currency) (percentage)  
gross receipts of the contest less the amount deducted from those receipts according to the Rules  
and Regulations of the Nova Scotia Boxing Authority.  
(2) The Promoter shall cover the cost of transporting a contestant to the hospital if required.  
(3) The Promoter shall pay the Contestant his/hers expenses in \_\_\_\_\_  
(currency)  
money, as follows: \_\_\_\_\_.
3. The Contestant shall deposit with the Promoter, cash or a certified cheque, in the amount of

\$ \_\_\_\_\_ dollars, to be forfeited in accordance with the *Rules and Regulations of the Nova Scotia Boxing Authority* if he/she does not appear for the contest or appears, but in the opinion of the Medical Advisor, is not in a physical condition to participate in the contest, or appears but does not meet the weight limit as set out in paragraph or *Section 1* above.

4. Where the Contestant is overweight, the Contestant shall take part in the contest unless the Authority deems the difference in weights, between the Contestant and his/her opponent is too great for a fair contest. The Contestant will forfeit 20% of his/her purse if he/she cannot make his/her contract weight in the time allotted by the Authority.
5. The Contestant shall be in \_\_\_\_\_, Nova Scotia at least 48 hours prior to the  
(city/town)  
'weigh' in or at such other time as the Authority shall approve. The Contestant shall not take part in another contest in the 7-day period prior to or immediately preceding the contest herein contracted for.
6. (1) The Contestant agrees to equip himself/herself with a foul-proof guard/chest protector of his/her own selection.  
  
(2) It is expressly understood that this contest is not to be terminated by a low blow, as any foul-proof guard selected by the Contestant is, in the Contestants opinion, sufficient protection to withstand any so-called low blow that might otherwise incapacitate the Contestant.
7. The Contestant agrees that if, in the opinion of the Referee, the Contestant "fouls", "stalls", "fakes", or "quits" during the contest, the Contestant shall not be entitled to compensation, and the purse shall be forfeited in accordance with the *Rules and Regulations of the Nova Scotia Boxing Authority Regulations*.
8. The Contestant hereby declares and guarantees that the Contestant is the full age of nineteen years or older.

IN WITNESS WHEREOF the Promoter and the Contestant have signed their names the day and year first above written.

<p><b>Promoter:</b> _____ (sign)</p> <p>Mailing Address: _____ _____</p> <p>Phone Number: _____</p>	<p><b>Contestant:</b> _____ (sign)</p> <p>Mailing Address: _____ _____</p> <p>Phone Number: _____</p>
<p><b>Manager:</b> _____ (sign)</p> <p>Mailing Address: _____ _____</p> <p>Phone Number: _____</p>	<p><b>Witness:</b> _____ (sign)</p> <p>Mailing Address: _____ _____</p> <p>Phone Number: _____</p>